

## Prayer During Your Devotionals

**For concentration** – “Father, help my mind to focus.”

**For the fear of the Lord** – “Father, help me to take you more seriously than the opinions, practices, and advice of others. Help me to fear you more than I fear unpleasant situations.”

**For a teachable heart** – “Father, humble my heart so that I would be willing to listen to your wisdom rather than my own.”

**For forgiveness of sin** – “Father, forgive and cleanse my heart of sin towards you this past week so that I can come to Your Word with a pure heart.”

**For sober self-understanding** – “Father, please reveal to me the state of my heart, my thoughts, attitudes, emotions, affections and purposes today so that I may lay them before you.”

**For understanding** – “Father, open my mind and my heart to understand what your Word means and what it’s saying to me today.”

**For grace to obey** – “Father, in light of what you’ve taught me, give me the strength and faith to obey your Word today for your glory and for my good.”

## Questions for Reflections for Any Given Passage:

**A. What is the main idea in this passage and how do the verses support this? Summarize in a sentence.**

**B. How does this main idea shed light to the person and work of Jesus (or the gospel)?**

**C. What are some relevant points of connection between this main idea and my Christian life today?**

## Deeper Reflection

**1) SELECTION** – Which biblical principle(s) from my devotionals most stand out to me? (Most relevant to my life, emotionally/subjectively, I feel it is most meaningful)

**2) CONTRAST** – How does my life/thinking align or not align with the biblical principle? How so? (Thought life, affection, emotion, practice?) Why is this the case?

**3) HONESTY** – Do I honestly believe the Scriptures to be true and good for my life that I am willing to change and live it out?

- If not, ask God to show me the way, change my heart, give me clarity, etc.

**4) APPLICATION** – What is God calling me to do or change in view of my study of Scripture today?

**5) PRAYER** – How can I specifically pray for God to help me in my specific areas of sin or weakness?